

**School Health Advisory Council  
2013-2014**

*Summary of Activities*

*April 10, 2014*

We met 4 times - Oct. 16, 2013; Dec. 12, 2013; Feb. 20, 2014 and April 9, 2014..

We had 3 members leave the committee (Mary Beth Mazurek, Gayla Hardin, and Jodi Pyburn).  
We gained 1 member - Joe Prado.

The SHAC members would like to recommend that health classes be brought back to the high school level even if it is not a credit to graduate. It can be an elective and give the students the foundation to make good health choices for a lifetime.

Members reviewed the results of the survey monkey done in May 2013. Two interesting points that the board might be interested in:

regarding bullying - most students thought that it was not a problem but many also said that they

do not report it because of 3 reasons: 1) seems minor in nature

2) nothing will be resolved in reporting it

3) student does not want to be a snitch

also, it was a very small #, but some students expressed that they do not feel safe on the bus

(transportation director was informed and it was felt that more information from the students was needed)

Members obtained the services of the Big Country Area Health Education Center in Abilene. It is an organization that promotes healthy living and health careers. A presentation of Teen Dating Violence Awareness & Prevention was given to high school freshmen students.

The committee focused on finding nutrition presentations; and a speaker promoting self-respect and sexual health was found but will be delayed until the next school year for the junior high level.

